Summer holiday provision in Lancashire

Families





District	Organisatio n providing activity	Dates of Activity	Details of Activity	Age group	Referral require d Y or N	Referral criteria	Cost	Contact details/ how to book
Burnley	Burnley Leisure	Saturdays 10.15am	Fitness and fun for the whole family! We have introduced new family sessions to our programme for adults and kids to work out together – perfect if you want to spend quality time together whilst improving health, fitness and wellbeing as a family. Family Fitness Synrgy A whole body circuit workout using our Synrgy 360 frame. It's quick, effective and most importantly FUN! Sessions are included in our Anytime membership or you can pay as you go	All ages	N	N/A	Adults = £5.90 per session Children = £3.00 per session	https://burnleyleisure.co.uk/activity/family-fitness/
All Districts	Lancashire Libraries	All year	Summer reading challenge, reading, groups, digital library, computers & wifi, friends groups, music & drama collections, free events & activities	All ages	N	N/A	Free	https://www.lancashire.gov.uk/libraries-and- archives/libraries/ https://www.facebook.com/lancslibraries/
Preston	Food Access	All year	In Preston there are lots of organisations providing support if you are struggling to access food.	All ages	N	N/A	Free	https://helpinpreston.com/food-access-1/ for information on where they are located, referral route etc.
South Ribble	South Ribble Borough Council – Sports Development Team		Active Parks will run in parks around the borough for children and parents together and will adhere to social distancing- range of sports activities and, yoga, fitness, cycling, orienteering.	All ages	N	N/A	Free	https://www.southribble.gov.uk/content/active-parks-activity-july-2020
Chorley	Chorley Council	All year	Let's get active and Get Up and Go in Chorley Here you will find lots of information on local activities, cycle routes & local cycle clubs, community & leisure centres, volunteering opportunities, parks & nature reserves etc.	All ages	N	N/A	Price Varies	https://chorley.gov.uk/Pages/AtoZ/Health- and-Wellbeing.aspx
South Ribble	KEY - The Base Community Centre - Broadfield Estate, Leyland	All year	Take away and outdoor café for CYP at The Base. Toy and Book swap at The Base	All ages	N	N/A	Free	
All Districts	Homestart	All year	Providing support by telephone, WhatsApp and video calls as well as providing activities to help keep children busy and active whilst at	All ages	Y	See website for details	Free	https://homestarteastlancs.org/our-updated- response-to-covid-19/

			home and delivering essential items in emergency situations.					
All Districts	Forestry England	All year	We've got an amazing collection of printable activities and games for you to keep the family busy, including printable Julia Donaldson activity sheets and online resources to help keep learning alive.	All ages	N	N/A	Free	https://www.forestryengland.uk/blog/10- ways-keep-the-kids-entertained-through- covid-19
All Districts	British Science	All year	This resource pack contains a selection of activities that have been designed for any audience interested in exploring science. Whether you are new to science, a regular pro, or just looking for something to try on the weekend, these activities can be completed as a family, with a group of friends or as individuals.	All ages	N	N/A	Free	https://www.britishscienceassociation.org/community-group-activitypacks
All Districts	Junk Modelling	All year	This is great for helping children understand shapes, textures and different materials. It will also help the child to exercise their creativity, inventiveness and problem solving.	All ages	N	N/A	Free	https://www.actionforchildren.org.uk/support- for-parents/things-to-do-with-your-child/junk- modelling
All Districts	National Geographic	All year	Various activities for children and young people to learn about geography.	All ages	N	N/A	Free	https://www.nationalgeographic.co.uk/scienc e-and-technology/2020/03/ideas-kid- focused-activities-during-coronavirus- shutdowns
Pendle	Home- Start	22/07/2020	Alkincoates Park. Colne guided activity	All ages	N	N/A	Free	https://homestarteastlancs.org/
Pendle	Home- Start	30/07/20	Ballgrove, Trawden guided activity	All ages	N	N/A	Free	https://homestarteastlancs.org/
Pendle	Home- Start	6/08/2020	Marsden Park, Nelson guided activity	All ages	N	N/A	Free	https://homestarteastlancs.org/
Pendle	Home- Start	12/08 /2020	Barnoldswick guided activity	All ages	N	N/A	Free	https://homestarteastlancs.org/
Pendle	Home- Start	26/08/2020	Barrowford guided activity	All ages	N	N/A	Free	https://homestarteastlancs.org/
Pendle	Harwes Farm	As arranged	Forest School for all ages, fire building, tree climbing, woodland hiking, meeting the farm animals - daily - any day - nb. bookable in advance for school & community groups only	All ages	Y	N/A	Free	gillian@harwesfarm.co.uk www.harwesfarm.org - 07540066009 -
Ribble Valley	Children & Family Wellbeing Service	Sessions will be delivered through Zoom every Wednesday and Thursday starting from the 29th July 2020 2-3pm (final session will be Thursday	Water safety week Bug Hotel Superheroes Holiday Week	All ages	N	N/A	Free	Booking on to sessions is a Must. Sessions will be delivered through Zoom every Wednesday and Thursday Contact The Zone, Clitheroe 01200-420460

		20th August 2020)						
Lancaster	Children & Family Wellbeing Service	Tuesday 12.30-1.30 20wks+ 2.00-3.00 30wks+	Young Mums to Be 5 week course. A group for Mums to be aged 20 years and under. Antenatal care and support during pregnancy.	20 years and under	N	N/A	Free	karen.mcgahon@lancashire.gov.uk
Lancaster	Children & Family Wellbeing Service	Tuesday 3.30-4.30	Parents to Be 2Week course. The 2 sessions we will cover; Session 1 will cover Safer Sleeping and Coping with Crying Session 2 will cover Home Safety, Baby Bathing / Nappy Changing & Early Play / Brain Development	All ages	N	N/A	Free	Please contact emily.burzacki@lancashire.gov.uk
Lancaster	Children & Family Wellbeing Service	Wednesday 10.00 – 11.00	Young Mums and Me A group for Mums aged 20 years and under and their babies. Postnatal care and support during Parenthood.	Under 20 years	N	N/A	Free	Please contact karen.mcgahon@lancashire.gov.uk
Lancaster, Fylde and Wyre	Virgin Care	Thursday 1:00- 2:00pm	Antenatal Infant Feeding 2 week session. In addition to the Lancashire Bumps Birth and Beyond antenatal education session, this session support you and your partner to make decisions and support you to get feeding off to the best start	All ages	N	N/A	Free	To Book families on email their Name, Email address and telephone number to Lancs019.virtual.groups@virgincare.co.uk
Lancaster, Fylde, Wyre & West Lancashire	Virgin Care	Friday 10-11:00am	Ready Steady School. Aims to provide advice, support, information and tips to help parents and carers feel prepared for their child to start school.	All ages	N	N/A	Free	To Book families on email their Name, Email address and telephone number to Lancs019.virtual.groups@virgincare.co.uk
All Districts	Families and Babies (FAB)	All year	Infant Feeding Advice and Support	All ages	N	N/A	Free	https://www.familiesandbabies.org.uk/ Call for advice - 01254 772929 For further support and videos please visit www.familiesandbabies.org.uk/pages/central -lancashire
All Districts	National Breastfeeding Helpline	All year	Infant Feeding Advice and Support	All ages	N	N/A	Free	Call for advice - 0300 100 0212 For further support and videos please visit www.familiesandbabies.org.uk/pages/central lancashire
West Lancashire	Virgin Care 0- 19	Fri 10-11 or 2-3pm	Virtual - Ready Steady School. Do you have a child due to start school in Sept? The Ready Steady School virtual group is here to offer support and information to help parents and carers feel prepared for their child's first day.	All ages	N	N/A	Free	If you wish to participate or would like more information please contact 0300 247 0040.

West Lancashire	Our Lancashire	All year	Our Lancashire is the Lancashire wide initiative to bring groups and communities together to make Lancashire a greater place to live work and play. If you want to join a group, find help on how to set one up or just want to attend an event, this is the place for you! Supported by public services and organisations across Lancashire this is the one stop shop for groups and events.	All ages	N	N/A	Free	https://ourlancashire.org.uk/
West Lancashire	Ormskirk Food Bank	Tuesdays and Fridays	Food bank	All ages	N	N/A	Free	Ormskirk food bank is closed, but continues to offer a referral/code system via one of the agencies. Ormskirk Food bank are running a delivery service on Tuesdays and Fridays for clients who are referred to them. Please go to its website here for details of agencies that can make e-referrals or call Ormskirk Food bank on 07748 951274.
West Lancashire	Skelmersdale Food Bank	Monday, Wednesday and Thursday mornings	Food bank	All ages	N	N/A	Free	Skelmersdale food bank is closed, but continues to offer a referral/code system via one of the agencies. Skelmersdale Food bank are running a delivery service on Monday morning, Wednesday morning and Thursday morning for clients who are referred to them. Please go to its website here for details of agencies that can make e-referrals or call Skelmersdale food bank on 07989 052832.
All Districts	Visit Fylde Coast	All year	Visit Fylde Coast is for people who love this stretch of North West UK coastline.	All ages	N	N/A	Free	https://www.visitfyldecoast.info/
L			With Visit Fylde Coast you can explore					

			Fleetwood, Cleveleys, Blackpool, St Annes and Lytham plus the market town of Poulton.					
			Join us on social media, and don't forget to sign up for your weekly enews for lots of interesting information, events, blogs and more straight to your inbox.					
Fylde & Wyre	YMCA	All Summer	Don't struggle for low cost ideas to keep the kids entertained and active during the school holidays. At YMCA Fylde Coast, you will find everything from splashtastic Swimming Activities and fun-filled Sports Camps to Air Skate Park and YMCA Bowl.	All ages	N	N/A	Prices Vary	https://ymcayactive.org/kids-teens- families/schools-out-kids-activities-and- sport-camps/
Hyndburn	Hyndburn Leisure Centres	All Summer	Hyndburn Leisure has a large range of facilities to support a number of sports and activities within the borough. Please find a list of activities here - https://www.hyndburnleisure.co.uk/activities/	All ages	N	N/A	Prices Vary	
Hyndburn	Accrington Riding Centre (ARC)	All Summer	For comprehensive horse riding services encompassing introductory lessons, pony and horse loan schemes, children's horse riding summer camps, stable care and more in Lancashire.	All ages	N	N/A	Prices Vary	https://www.accringtonridingcentre.co.uk/ Call today on 01254 393 563
Lancaster	Salt Ayre Leisure Centre	Monday to Friday 6am - 9.30pm, Saturday 8am - 7pm, Sunday 8am - 6.30pm.	School Holiday Activities Enjoy the school holidays at Salt Ayre Leisure Centre - we've got some brilliant events and sessions taking place.	All ages	N	N/A	Prices Vary	https://www.lancaster.gov.uk/salt-ayre-leisure-centre/school-holiday-activities If you have any queries regarding any purchases, please contact saltayre@lancaster.gov.uk
Pendle	Visit Pendle	All Summer	Family Fun Pendle is a great place for families to spend quality time together. If it's fresh air you're after why not try one of the Pendle's Family Cycle Rides? Or for some high octane fun, test your skills at Prestige Karting Get the kids to guess "which witch is which" on our interactive quiz on the Pendle Sculpture Trail or visit the beautiful Thornton Hall Farm, where you can meet the animals and enjoy lots of great activities. And if you do fancy getting wet, take the plunge at the Wavelengths Centre.	All ages	N	N/A	Prices Vary	

			If this still isn't enough to tire out the kids, take them along to <u>Giddy Kippers</u> play centre. We also have a great <u>Family Days Out Guide in Pendle</u> .					
Preston	Better	Available all summer	A range of holiday activities and leisure facilities available for children of all ages and their families.	All ages	N	N/A	Prices vary	https://www.better.org.uk/leisure- centre/preston/west-view-leisure-centre/half- term-west-view-climbing-and-leisure-centre
Preston	Ribble Steam Railway & Rail Museum	From Wednesday 12 th August from 10:30- 16:00	Keep the kids entertained by coming down to visit us for our Railbus journeys. Blow off steam in our line side playground. Treat yourself to a break in our Tea Room with delicious cake and coffee whilst the kids are entertained in our museum.	All ages	N	N/A	Adult Day Ticket - £7.00 Child Day Ticket - £7.00 Family Ticket - £20.00	https://ribblesteam.org.uk/event/summertime -mid-week-runnings-2/ No need to book in advance – Pay on the day of your visit
Rossendale	Rossendale Leisure Trust	Available all summer	There's plenty of kids activities here at Rossendale Leisure Trust adventure activities, classes, swimming lessons, Tots sessions and more!	All ages	N	N/A	Prices vary	https://www.rltrust.co.uk/kids-activities.html
South Ribble	South Ribble Leisure	Available all summer	A range of holiday activities and leisure facilities available for children of all ages and their families.	All ages	N	N/A	Prices vary	https://www.southribbleleisure.com/
West Lancashire	West Lancashire Leisure - Park Pool	Available all summer	Our holiday activities are a great way for kids to have fun and stay active during the school holidays. We have exciting activities to keep the kids busy as well as great ideas to spend time together, with affordable prices, whatever the weather!	All ages	N	N/A	Prices vary	https://www.westlancsleisure.com/park- pool/family-children/
Wyre	Discover Wyre	Available all summer	With bustling markets, unique theatre venues, vast stretches of sand and acres of countryside, the borough of Wyre has a bit of everything to offer including: Animal attractions Dog friendly walks Parks and gardens	All ages	N	N/A	Prices vary	http://www.discoverwyre.co.uk/things-to-do/summer-fun
All Districts	Visit Lancashire	Available all summer	Family Events Keep the whole family entertained in Lancashire with a calendar packed full of	All ages	N	N/A	Prices vary	https://www.visitlancashire.com/whats- on/family-events

			events throughout the year you will be left spoilt for choice no matter what the weather may have in store for us!					
All Districts	A day out with the kids	Available all summer	Looking for fun and exciting things to do in Lancashire with the kids? You've come to the right place!	All ages	N	N/A	Prices vary	https://www.dayoutwiththekids.co.uk/things- to-do/north-west/lancashire
			From the historic walls of Lancaster Castle to the legendary thrills of Blackpool Pleasure Beach, and Blackpool Zoo for the animal lovers out there, you'll be spoilt for choice. We'll give you a hidden gem to try out too - Park View 4U Playing Fields, it's a fun-packed outdoor play area in Lytham St Annes where your kids can run around for hours and it won't cost a penny!					
			Who doesn't love a bit of splashing about in the summer? You can always enjoy a wet and wild family day out in one of Lancashire's top water attractions; Sandcastle Waterpark and Pendle Wavelengths Swimming Pool come to mind straight away.					
			Oh, oh, we've got another good one! If you love walking and exploring nature, one of the best things to do in Lancashire is to go on a refreshing family walk to Pendle Hill. A picnic basket and comfy shoes are a must!					
All Districts	Let's go with the children	Available all summer	The best places to go & things to do around Lancashire	All ages	N	N/A	Prices vary	https://letsgowiththechildren.co.uk/places-to-go/lancashire/
All Districts	The Woodland Trust	Available all summer	Muddy boots. Big smiles. Precious memories.	All ages	N	N/A	From £5 per month	https://www.woodlandtrust.org.uk/support- us/join/about-family-membership/
			When your family joins the Woodland Trust we'll help you connect with nature and enjoy special moments together. Whether you're exploring your favourite wood or getting stuck into arts and crafts, our family membership is a hands-on way to help you and your children enjoy the					

			natural world together. Plus, as members, you can be proud you're protecting our environment for future generations.					
			If you join before August 16th you'll receive our summer activity pack, so you can get started straight away. It's bursting with things to do, from exploring the wildlife on your doorstep to fun nature crafts. Plus you'll receive an exclusive butterfly ID tool!					
Preston, South Ribble & Chorley	Up & Active	Available all summer	Active sessions available for all the family in Preston, South Ribble & Chorley.	All ages	N	N/A	Prices vary	http://abl.upandactive.co.uk/
All Districts	UKCraftFairs	Available all summer	Find craft fairs and shows to visit all over the UK.	All ages	N	N/A	Prices vary	https://www.ukcraftfairs.com/craft-fair-search