## Summer Ideas Sticky Messages **How Many Butterflies?** Use sticks and stones to spell out words like "hello" or The big butterfly count 2020 will run from Friday 17th July to Sunday 9th August. "be kind" in a local park. You could even spell out your Take part here www.bigbutterflycount.org own name like the photo below. The Great Outdoors **Rock Painting Barking Mad** Paddle and Splash Paint a rock and leave it in a public place Wear wellies or waterproof Take some paper and wax crayons out in for someone else to find. Use acrylic paints your bag on a walk in the woods. Take shoes and paddle in a and then clear varnish afterwards to make it rubbings of the bark of interesting trees. nearby stream or river. last for longer. Discover **Become a Stone Skimming Champ** Dens Make a den. Use sheets and the washing line or large Visit woods that you've never been to before. Find a flat stone and a calm bit of water to Use the website below to find new locations sticks and canes. practise skimming stones. Check the website https://www.woodlandtrust.org.uk/blog/2019/10/how-tobelow for instructions to perfect your technique. to explore. https://www.woodlandtrust.org.uk/visitinghttps://www.nationaltrust.org.uk/features/no-5build-a-den/ woods/find-woods/ skim-a-stone **Woodland Art** Hill Rolling Spot It Have a scavenger hunt. How many yellow Use materials found in the woods to create Rolling down a hill is great fun and a great way things can you see out on your walk? Can funny faces or patterns. Take photographs to to get to the bottom. Just watch out for stones you find lots of items that have different or animal droppings! preserve them. textures? **Pedal Power Eve spy ABC Snap Happy** Take a camera outside and capture the On a walk or a bike ride see if Go on a long bike ride with your family. Pack a you can spot things that natural world in all its glory. Take a look at bag with snacks and drinks and don't forget to follow the rules of the road. begin with each letter of the the website below for some top tips. alphabet. Some letters are https://www.woodlandtrust.org.uk/visitinghttps://www.sustrans.org.uk/our-blog/geteasier than others. woods/things-to-do/photography/ active/2019/everyday-walking-andcycling/cycling-safety-for-children/

For even more ideas check this handy list of 50 things to do before you're 11 and 3/4 from the National Trust

https://nt.global.ssl.fastly.net/documents/50-things-activity-list.pdf

Outdoors Rhyme/Poetry Challenge  Can you learn them off by heart?		
Splishy Sploshy Mud	The Swing	Mountains
Splishy, sploshy mud is the best type of crud! You can make pies, you can make mountains, you can make giant skies, just with splishy, sploshy mud!  Source: https://www.familyfriendpoems.com/poem/splishy-sploshy-mud	By Robert Louis Stevenson  How do you like to go up in a swing, Up in the air so blue? Oh, I do think it the pleasantest thing Ever a child can do!  Up in the air and over the wall, Till I can see so wide, River and trees and cattle and all Over the countryside  Till I look down on the garden green, Down on the roof so brown Up in the air I go flying again, Up in the air and down!  Source: <a href="https://www.familyfriendpoems.com/poem/the-swing-by-robert-louis-stevenson">https://www.familyfriendpoems.com/poem/the-swing-by-robert-louis-stevenson</a>	by Riya Shrivastava  Emerges above the land into their peak. It is the sky they constantly seek.  From the far distance, we won't notice their height. A view from the top is a spectacular sight.  Closely positioned to form a range. Human eyes won't notice the change.  Not a prisoner to the immediate time, Challenges many, unforgiving climb.  So much more beyond their beauty. Sheltering species, that's their duty.  Mountains are members of the nature we know, And at the top they often have snow.  Source: https://www.familyfriendpoems.com/poem/poem-about-mountains