

WILLOW LANE COMMUNITY PRIMARY SCHOOL
HEALTH AND RELATIONSHIPS EDUCATION POLICY



Mission Statement

We believe in the power of education to transform lives. We ‘teach to the heart’ in order to engage, excite and create happy and resilient learners. We make learning relevant and real through using our outdoor spaces as well as experiences beyond the school gate. An education at Willow Lane, prepares our children academically, socially and morally for the next stage of their learning.

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| Date written | March 2021 |
| Written by: | Sophie Smalley |
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| Review Date | March 2024 |
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WILLOW LANE COMMUNITY PRIMARY SCHOOL HEALTH AND RELATIONSHIPS EDUCATION (HRE) POLICY

AIMS:

The aims of Health and Relationships Education at our school are to:

- To ensure that Relationships and Sex Education (RSE) is taught effectively in our school under Health and Relationships Education (HRE).
- To ensure Relationships and Sex Education is part of a child's broad, balanced curriculum, integral to the basic curriculum of the school and part of the child's all-round development.
- To prepare children for healthy relationships in an online world.
- Teach pupils the correct vocabulary to describe themselves and their bodies.
- To ensure that all understand the importance of respecting others and accepting those who differ, yet challenging those behaviours and attitudes which exploit others.
- To enable children to value themselves and others, and help them to make wise and healthy choices and decisions in their lives.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationship.
- To understand how to stay safe, know the importance of boundaries and how to report abuse or feelings of being unsafe.

STATUTORY REQUIREMENTS:

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017.

However, we are not required to provide sex education but we do need to teach the elements of sex education contained in the science curriculum.

In teaching RSE, we must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

At Willow Lane Community Primary School we teach Health and Relationships as set out in this policy.

POLICY DEVELOPMENT AND REVIEW:

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- Review – a member of staff gathers all relevant information including relevant national, diocesan and local guidance.
- Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
- Parent/stakeholder consultation – parents and any interested parties were invited to respond to the policy which was uploaded onto our school website.
- Pupil consultation – we investigated what exactly pupils want from their RSE
- Ratification – once amendments were made, the policy was shared with governors and ratified.

This policy will be reviewed every 3 years using the above process, drawing on the views of pupils, parents, staff and the community at the time of review.

DEFINITIONS:

RELATIONSHIP EDUCATION is the programme of work that forms part of the basic curriculum. It covers all types of relationships including online, peer to peer, family and carer relationships. It also covers respect for others and staying safe. Sex Education is a programme of work at our school that covers how a baby is conceived and born. Within Sex Education, the following may be discussed in an age-appropriate and sensitive manner as and when they are encountered:

- Contraception
- Masturbation
- Male circumcision/Female Genital Mutilation
- AIDS/HIV Issues

HEALTH EDUCATION is a programme of teaching about puberty, physical health and fitness, healthy eating, mental wellbeing, drugs, alcohol and tobacco.

The Science curriculum covers human reproduction (see Science Curriculum)

PARENTS' RIGHT TO WITHDRAW:

Although not statutory, we teach Sex Education to our Year 6 pupils at Willow Lane Community Primary School. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of HRE. Requests for withdrawal should be put in writing and addressed to the headteacher.

Parents cannot withdraw their child from any part of Relationship Education as this now forms part of the basic curriculum and is a requirement of the government's statutory guidance. If there are any issues they will be dealt with on an individual basis in consultation with the headteacher.

Alternative work will be given to pupils who are withdrawn from Sex Education.

CURRICULUM DELIVERY OF HRE:

Appendix 1 outlines the curriculum overview for the school in relation to HRE showing which topics are taught in which years. In addition, the overview indicates where cross curricular work covers HRE content such as Science and Technology. We deliver both Kidsafe and Coram Life Education (SCARF) to ensure coverage through each child's time at school. We have developed the curriculum in consultation with parents, pupils and staffs: taking into account the age, needs and feelings of pupils and the health statistics within our local catchment.

If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

Primary sex education will focus on:

- The names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls
- Preparing boys and girls for the changes that adolescence brings
- How children's bodies will, and emotions may, change as they approach and move through puberty

- Human reproduction

ROLES AND RESPONSIBILITIES:

The governing board

The governing board will approve the RSE policy and hold the headteacher to account for its implementation.

The headteacher

The headteacher is responsible for ensuring that RSE is taught in a carefully sequenced way within a planned programme, and for managing requests to withdraw pupils from sex education.

Staff

Staff are responsible for:

- Delivering HRE in a sensitive way
- Delivering the HRE Curriculum in line with training using resources including SCARF and Kidsafe
- Modelling positive attitudes to RSE
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from sex education

Staff do not have the right to opt out of teaching RSE/HRE. Staff who have concerns about teaching RSE are encouraged to discuss this with the subject lead.

Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

MONITORING ARRANGMENTS:

The delivery of RSE is monitored by the HRE subject leader through:

- planning scrutiny
- learning walks
- lesson drop ins
- pupil interviews

Pupils' development in HRE is monitored by class teachers as part of our internal assessment systems.

TRAINING:

Staff are trained on the delivery of HRE as part of their induction and it is included in our continuing professional development calendar.

Visitors from outside the school, such as school nurses or educators for Coram Life Education, may also be invited, as needed, to provide sessions to pupils and training to staff teaching HRE.

Appendix 1

| Willow Lane School Health and Relationships Education Overview | | | | | | |
|---|--|--|--|---|---|--|
| Term Class | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Red | Busy Being Me Me and My Relationships (Scarf) My Body(Science) | Imagination Station Being My Best (Scarf) | Magic Time Machine Valuing Difference (Scarf) | Our Wonderful World Life Ed Bus | Wet and Wild Rights and Responsibilities (Scarf) Kidsafe sessions | When I Grow Up Growing and Changing (Scarf) Kidsafe Sessions |
| Orange | Hot or Not? Internet safety and Harms Me and My Relationships (Scarf) Kidsafe Recap | Follow that Map Valuing Difference (Scarf) | Fire! Fire! Keeping Me Safe (Scarf) | Growth and Green Fingers Life Ed Bus | Robots Growing and Changing (Scarf) | The Great Outdoors Being My best (Scarf) |
| Yellow | The Place Where We Live Internet safety and Harms Friendships, boundaries and worries | Explorers Valuing Difference (Scarf) | Fighting Fit! Humans-How We Grow and Stay Healthy (Science) | Circle of Life Life Ed Bus Kidsafe sessions | Creepy Crawlies Me and My Relationships (Scarf) | Buckets and Spades Rights and Responsibilities (Scarf) Kidsafe Recap |
| Green | Oh the Places you'll go! Internet safety and Harms Friendships, boundaries and worries | Healthy Humans (Science) Kidsafe Workshop | The Iron Man Me and My Relationships (Scarf) | Rock and Roll Life Ed Bus | The Romans Valuing Differences (Scarf) | Let it Shine Keeping Me Safe (Scarf) |
| Blue | Sparks Might Fly Internet safety and Harms Friendships, boundaries and worries | The Great Plague Keeping Myself Safe (Scarf) | Teeth, Tummies and Talent Teeth and Digestion (Science) Kidsafe Sessions | Passport to Europe Life Ed Bus | Hunted Rights and Responsibilities (Scarf) Kidsafe Recap | Egyptians Being My Best (Scarf) |
| Indigo | Food, Glorious Food Internet safety and Harms Friendships, boundaries and worries | A Kingdom United Rights and Responsibilities (Scarf) Kidsafe Workshop | Earthlings Me and My Relationships (Scarf) | Carers and Engineers Life Ed Bus | Amazon Adventures Valuing Difference (Scarf) | Faster, Stronger Human Life cycles, growth and Change (Science) |
| Violet | Monkey to Man Internet safety and Harms Friendships, boundaries and worries | Heroes and Villains Exercise, Health Circulatory System (Science) Kidsafe Workshop | Super Sleuth Valuing Difference (Scarf) | Lights, Camera, Actions! Life Ed Bus | London Growing and Changing (Scarf) | London Mini Medics Being My Best (Scarf) Kidsafe Workshop |