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Dear parents/ carers,

Following the government's recent plan for Living with COVID, the guidance for people with symptoms of COVID19 or respiratory infections changed on 12th April 2022. Our website has been updated to reflect this new information. However, we thought it would be helpful to give you a quick overview of the changes now we are 'Living With COVID'.

There is no longer an expectation for anyone to test for COVID unless they work in Social Care settings or are one of the 'at-risk' groups.

## Children

- It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature and they are well enough to attend. There is no need to test your child.
- If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature
- There is no longer a separate attendance mark for COVID. If children are off school ill, it will be classed as sickness as part of our Attendance policy.

## **Adults**

• If you have symptoms of a respiratory infection, such as COVID-19, and you have a high temperature or do not feel well enough to go to work or carry out normal activities, try to stay at home and avoid contact with other people, until you no longer have a high temperature (if you had one) or until you no longer feel unwell. Adults do not need to test unless they are working in a social care setting or are in an 'at risk' group.













For adults that are testing- If you have a positive COVID-19 test result, try to stay
at home and avoid contact with other people for 5 days after the day you took
your test.

In school we will continue with good hygiene and ventilation to reduce the spread and a focus on health and fitness to keep our children healthy. Hopefully, this is the end of a very difficult time for our children, staff and families. I just wanted to say a big thank you to everyone for working so well with school and the ever-changing face of this virus and the guidance surrounding it.

Here's to a lovely summer!

Kind regards, Lucy Naylor

Headteacher









