

Festive 4k Fun Run

(APPROX 4km)

Wednesday 28th December

Lancaster & Morecambe AC Clubhouse, Salt Ayre Leisure
Centre, LA1 5JS – 11am start

- ✓ Flat, traffic free course
- ✓ Medals to all finishers
- ✓ Toilets & Changing
- ✓ Open to all ages & abilities – families welcome
- * Entry Fee: £5
- * Entries on the day: £8

Pre-register on <https://bookitzone.com/>
closing date: 21st December 2022
Queries to Steve Perry on stephenptherunner@gmail.com
Tel: 07762 795605

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**** Lots of great spot prizes ****

Last year's sponsors included

Asda; Barton Grange Garden Centre; Body
Shop; Booths; DC Wilson garages; Lancaster
University; Morrisons; Rowan Wood physio;
Runners Centre

