

Willow Lane CP School

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27.4.23

Dear Parents and Carers,

Year 3 Visit to the University of Cumbria Active 60 Event

Year 3 have been invited to take part in the Active 60 Event at the University of Cumbria on Wednesday 3rd May. The children will be taking part in fun and friendly activities with other Key Stage 2 pupils from the surrounding area whilst also promoting the Active 60 healthy lifestyles programme as recommended by the Government's Chief Medical Officer. The aim of the event is to promote and encourage pupils to take part in physical activity and healthy eating and to maintain motivation for these positive behaviours. In the past, it has been evident that the Active 60 programme is an effective way to get pupils involved in Physical Education and sport activities. As we will be walking from school up to the University, please ensure that your child is wearing PE kit and suitable footwear. As some of these activities will take place outside, please ensure that your child also wears some warm clothing. Once the event has finished, we will be having our lunch there and then we will set off back to school ready for our afternoon learning. Please collect your child from school at the normal time of 3:15.

Visit Leader:	Miss Hulse
Visit to:	University of Cumbria Active 60 Event
Dates:	Wednesday 3 rd May 2023
Class:	Year 3 Green Class
Leaving from:	School at 9:05. We will be walking there so please arrive to school on time.
Returning to:	School at 1pm. Collect from school at normal time.
Lunch:	Packed lunch- a message has been sent from the office to request school packed lunches if required. We will be eating our lunch there once the event has finished.
Additional information:	Please ensure your child wears a warm jacket, trainers, PE kit and a packed lunch and a drink from home if you have not ordered one from school.

Thank you

The Year 3 Team







