

Summer/Autumn 2023		MEAT-FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
Week 1 Week commencing: 24th April, 15th May, 5th and 26th June, 17 July, 18th September, 9th and 30th October, 20th November.	Choice 1	Homemade Cheese & Tomato Pizza (v)	Oven Baked Wedges Peas and Sweetcorn	Quorn Spaghetti Pasta (v)	Homemade Crusty Bread & Peas and Sweetcorn	Roast Turkey Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Vegetables	Traditional Cottage Pie	Mixed Vegetable Medley	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips Garden Peas & Sweetcorn
	Choice 2	Loaded Veggie Stand & Stuff Taco (v)		Lancashire Cheese & Potato Pie (v)	Baked Beans	Veggie Sausages Yorkshire Pudding & Gravy		Pasta Neapolitan (v)	Homemade Crusty Bread	Homemade Pizza Margherita (v)	
	Side	Freshly Prepared Salad Selection/ Milk/ Water									
	Dessert	Syrup Sponge & Custard	Fruit Selection	Mini Shortbread Biscuit	Fruit Selection	Cookie Yoghurt	Fruit Selection	Cheese and Crackers	Fruit Selection	Ice Cream	Fruit Selection

		MEAT-FREE MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
Week 2 Week Commencing: 1st and 22nd May, 12th June, 3rd and 24th July, 4th and 25th September, 16th October, 6th November.	Choice 1	Puff Pastry Cheese Whirl (v)	Beans	Beef & Pork Meatballs & Pasta in a Tomato Sauce	Homemade Crusty Bread & Salad Selection	Roast Pork Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Vegetables	Chicken Korma Curry	Mixed Rice & Naan Bread Broccoli	Crispy Battered Fish	Oven Baked Chips Garden Peas & Sweetcorn
	Choice 2	Quorn Tikka Curry (v)	Mixed Rice & Naan Bread	Golden Crumb Vegetable Fingers Wrap (v)	With potato wedges	Vegetarian Sausage Roll & Gravy (v)		Arrabbiata Pasta (v)	Garlic Bread	Homemade Pizza Margherita (v)	
	Side	Freshly Prepared Salad Selection/ Milk/ Water									
	Dessert	Creamy Rice Pudding & Fruit Jam	Fruit Selection	Homemade Chocolate Cake	Fruit Selection	Fresh Fruit Medley Yoghurt	Fruit Selection	Gluten- Free Muffin	Fruit Selection	Ice Cream	Fruit Selection

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Week 3 Week commencing: 17th April, 8th and 29th May, 19th June, 10th and 31st July, 11th September, 2nd and 23rd October, 13 November.	Choice 1	French Bread Cheese and tomato pizza (v)	Wedges Garden Peas & Sweetcorn	British Beef Burger in a Bun	Wedges & Reduced Sugar Baked Beans	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Vegetables	Homemade Meat & Potato Pie	Sliced Beetroot & Gravy/ Garden Peas	Golden Crumb Omega 3 Fish Fingers (Crispy Bubble Coated Salmon Option available through office)	Oven Baked Chips Garden Peas & Sweetcorn
	Choice 2	Macaroni Cheese (v)	Homemade Crusty Bread	Quorn sausages in a bun (v)		Arrabbiata Pasta (v)	Garlic Bread	Vegetarian Sausages, hash brown, beans (v)		Homemade Pizza Margherita (v)	Oven Baked Chips or Pasta Salad Veggie Sticks & Dips
	Side	Freshly Prepared Salad Selection/ Milk/ Water									
	Dessert	Cookie	Fruit Selection	Vanilla Sponge & Chocolate Sauce	Fruit Selection	Fruit Medley Yoghurt	Fruit Selection	Gluten-Free Chocolate Muffin	Fruit Selection	Ice Cream	Fruit Selection