



**I'M
WALKING
AGAINST SUICIDE.**

**Sponsor me and support
CALM's life-saving services**

**CAMPAIGN
AGAINST
LIVING
MISERABLY**

Lost Hours Walk Lancaster.

Sunday 22nd October 2023. All welcome.

Meet at Market Square at 11am (7km walk, approx 2 hrs).
End at TableTop Republic
(optional board gaming afterwards).

<https://tinyurl.com/losthourslandcaster2023>
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