



Mini & Juniors Section

We are looking for boys and girls of all ages to come and join us!

The Vale of Lune RUFC are a fun loving rugby family and we coach children from the age of 5 to 17 following the England RFU Age Grade Rugby Scheme.

We want to encourage kids & teens of all ages and abilities to come and see what we're about. Our Mini Section is from school year 1 to 6 and our Junior Section is from years 7 to 11. Girls can play in mixed teams in the Mini's and then can join our Vale Valkyries girls teams.

Tackling starts at U9's but each development stage is introduced slowly following strict RFU guidance for the well-being and safety of your children.

We aim to develop personal and social self-esteem, individual skill development, reward beyond competition, fun, friendship and inclusion - every child plays!

Our Junior Section learn to play for competition and the whole club enjoys the extra benefits of a fabulous ground, superb clubhouse with excellent facilities, events and the pleasure of trips and team tours!



Vale of Lune RUFC really is a place for the whole family to enjoy!

Please check our website for our contacts and if you

Love Rugby GIVE US A TRY!!

www.valeoflunerufc.org : www.pitchero.com/clubs/valeoflunerufc